



SIGS News

Volume 22, Issue 1
September 2018

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SIGS Meets

First & Third Tuesdays
Lunch Meetings
12:00 noon – 1:15 pm
(Sign-in begins at 11:30)
Jackson Catering
1120 Fulton
Evening Meetings
As Announced



Soroptimist International is a global volunteer organization working to improve the lives of women and girls through programs leading to social and economic empowerment.

August 21 Summer Mixer



5:30 – 8:30 Español Italian Restaurant, 5723 Folsom Blvd Sacramento. If you haven't RSVP'd to Roni Bowling yet, be sure to do so. Dinner at this long-time Sacramento tradition is always yummy, and Roni and friends will be sure to arrange fun times!!! It's a great way to turn the corner from summer to the coming club year.

September 11: Member Orientation

4:30 – 6:00 Office of Bartholomew & Wasznicky LLP, 740 Folsom Blvd, Sacramento (corner of 48th and Folsom Blvd) . Snacks and beverages will be provided. Please RSVP to Paula Maw, VP Membership.

All new and "experienced" SIGS are welcome to this event. We will be covering such topics as:

- Just exactly what do we do? (committees, the Board, etc.)
- Where does the money go and how do we account for it?
- How you can get involved,
- And More



September 18 Lunch Meeting

A representative from Girls on the Run will talk about how they inspire girls to be joyful healthy and confident using a fun, experience-based curriculum that creatively integrates running. They have applied for our mini-grants for the great work they do with girls.

October 2 Lunch Meeting (Business)

This will be our first business meeting of the year, when we will hear from our officers and committees about their plans. You'll have more opportunities to get involved, and you are sure to be inspired by what we will be doing.

October 16 Lunch Meeting

Chelsea Fahr, Director of Donor Engagement, Sacramento Region Community Foundation. SRCF manages our Endowment Fund for us, but what else does it do? Enjoy lunch and learn about its extensive activities and impact on the community.



October 20 Fall District Meeting

Mark your calendar for this gathering of District 3 clubs, hosted by SI Metropolitan Sacramento.

**2018 - 2019
Board of Directors**

President Michelle Whisenand

President-Elect Roni Bowling

VP Service
Stephanie Paia

VP Program
Lori Hill/Lydia Zeidner

VP Membership
Paula Maw

VP Ways and Means
Sheryl Sorem

VP Communications
Faye Holliman

Secretary Susan Gower

Treasurer Jean Foster

Director Cherie Fields

Director Lora Edwards

Director and Endowment Chair
Carol Little

Board Meetings

Board meetings are usually the second Tuesday of the month at Michelle Whisenand's office conference room. All are welcome.

President's Message

By President Michelle Whisenand

Welcome Back!

Summer is almost over and we are heading back into the swing of things. There's a lot of exciting ideas to work on, from both the Retreat and throughout the summer. The training wheels are off and I am as ready to be this year's Club President as I will ever be. I am very much looking forward to it.



The wonderful thing about this Club is there is such a wealth of information, experience, and ability that I foresee another fun, active and beneficial year. We already have some interesting speakers lined up for our September and October luncheons. Membership has an orientation planned that will be both informative and fun. And, I will keep my fingers crossed that a location is found for the WE Craft Party.

I know I have told this story before, but just prior to joining SIGS, at Susan's suggestion (oh, she knew what she was doing), I went to the Craft Party to "check it out". As I sat there, tying on ribbons to cards, I knew I had to be a part of this group. Each year that I have participated in the Craft Party absolutely makes my heart happy.

We have had a good break, give or take a few over-the-summer details. **Roni** and I went to the SNR Development Retreat where we sat in on a session with **Yolanda** as the co-presenter. Not only did Yolanda address the delicate issue of diversity in a straightforward and thoughtful manner, but she gave us actual ideas to put into action. Look for those at one of our development luncheons.

We are also looking forward to our Summer Mixer. I have to thank Roni for scouting a location that would serve us well, getting an invite out to the members, and all the other details for which she is responsible. I can predict that a great time will be had by all.

And, I hope to see a lot of you on the 11th at the Member Orientation and Board Meeting, and everyone at our first meeting on the 18th!

June 12 Board Highlights

The 17-18 and 18-19 board members met on June 12 with the major focus of the meeting being the transition from one year to the next. Other business included:

- Michelle reviewed the calendar and it was decided to 1) move the business lunch on Sept 4 to Oct 2 and cancel the Sept. 4 meeting, and 2) cancel the Nov 20 meeting before Thanksgiving.
- Discussion was held regarding the timing of the meetings and a poll was circulated to determine how we proceed with the time of the meetings.
- Members on leave of absence will receive newsletters and informational communications.
- As of June 4, the balance is \$92,518. \$3,050 of earnings is available for 2018/2019 with a portion to go into a reserve for a larger grant in the future.

GOT BUDGET?

By Jean Foster

The budget process for 18/19 is under way! Anyone who would like to be part of the process please contact Jean. It's a great way to get a grand overview of all the programs, costs and inner functions of our club. And calling all committee chairs!! If you have not yet submitted a budget request to Jean, do so ASAP! The Board will approve the 18-19 budget at the September meeting and it will be included in the roster.





Welcome New Member Cathy Sowell

We thank Kathy Kelleher for bringing Cathy Sowell to SIGS. (As you can see from the rafting photo, they know how to have fun—your editor found it on Cathy's Facebook page).

Cathy recently retired as Chief of Staff at the Department of Motor Vehicles, completing 37 years of work. She has been involved in the community over the years, particularly the Point West Rotary and SPCA. She is joining SIGS as she believes in our mission, and for new friendships in this next phase of her life. She is married to Robert Sowell.

In addition to having fun on the water, she also enjoys scrapbooking, camping and reading.



We Say Farewell to...



Corrine Hood has been a stalwart member and leader in SIGS since 1991, including a stint as President in 1995-1996. Due to health reasons, she was on leave all of last year, and is not able to return to SIGS. We are so grateful for everything she contributed to the club as an officer, chair of hospitality for many years, and roster maven. She was also a leading light in the Ravishing Readers book club, and could be counted on to participate in every activity and open her checkbook at every event for women and children. She has made a difference!!

We also regret that **Nancy Arndorfer, Karen Grimmer** and **Susie Lui** also did not renew their membership this year. We are confident that their energies will continue to benefit women and children – we know they believe in our mission. They will still receive the newsletter, and are welcome at any and all SIGS events.



In Memoriam

Josie Andre, a member of SIGS since 2014 and a member of SI West Sacramento for many years (including terms as president), passed away on July 24. She had a stroke last summer, and never fully recovered. Her obituary was in the July 28 Sacramento Bee and included that she was one of ten children and a mother, grandmother, and great-grandmother. As SIGS, we were fully aware of her devotion to family and friends and to helping others. She retired as the Administrative Assistant to the Superintendent of the Washington Unified School District. In addition to her contributions to Soroptimist, she volunteered for the Mercy Guild and Casa de los Ninos. We join her family in thanking her for blessing us with tenderness and love.

Changes? New Photo? Have You Confirmed Your Roster Info?

If you haven't yet responded to Cindra's summer email requesting any updates to your roster information, please do so as soon as you can!!! As soon as the Board meets in September, and the budget is approved, **Cindra** and **Stephanie** will be completing the roster and sending it out for printing (assuming that printing copies every year is approved by the Board).

Become A Superstar!

By Jean Foster



As per our club's tradition, there will be \$1 or \$2 fines at every meeting at the whim of our glorious fine master. In addition, if you have a personal or professional milestone, accomplishment or recognition, you will also be fined for being so wonderful. Want to avoid these pesky fines? For a mere \$50, you can become a SuperStar! For your tax-deductible donation, you will have the privilege of not having to pay

fines at meetings AND you can brag to the club about anything you want! Do the math! Being a SuperStar pays off. To join in, simply present your check to Michelle or Jean at any meeting/function and start bragging!

☆ **Congratulations to Marilyn Goodfellow who is our first SuperStar of the fiscal year!!**

She is honoring her granddaughter with Downs Syndrome, who is starting her 2nd year of high school.

Service Is Our Reason for Being

By Stephanie Paia, VP Service

Welcome back everyone to the 18-19 SIGS fiscal year. First, I would like to all those who signed up for Service and as chairs/leads for the various service projects (listed below). To the rest of my fellow SIGS, it's not too late to join the Service Committee. Please contact me or a lead if you would like to receive announcements about committee meetings and participate in the planning stages for upcoming Services.

WE Craft Party: Judy Dean, Dara, Marilyn (co-chairs), Roni B (crafters) Lora E, Penny B, Carole D,

Holiday Stockings: Sally J and Marilyn G.

Hidden Support: Faye.

Children's Receiving Home Sacks: Marilyn, Roni, Sally, Judy.

Dress a Girl: Roni, Judy.

Mustard Seed Valentine's Day: Cherie F.

Backpacks for Mercy: Penny (chair), Faye.

Bra Recycling: Roni.

Mini Grants: Roni (Chair), Cherie, Faye.

Dream It Be It: Yolanda (chair), Marilyn,



Here to help

Women's Empowerment Holiday Craft Party

By Judy, Marilyn and Dara



It may still be beach and vacation season, but planning is already underway for December's Holiday Craft Party (HCP). for either Dec. 1 or 8.

W.E. recently completed an application for a venue and is hopeful for approval. However, since there is no confirmation at this time, contacts by SIGS members to help identify a possible back-up location are appreciated. Depending on space available at the venue, there may also be room to add a couple of new crafts. So be on the lookout for any new craft stations from the community that might be appropriate for the age ranges and large number of participants.

W.E. is reviewing items for stocking gifts and may revise the list to align with feedback they have received--SIGS elves stay tuned!

Olive Oil Products: THINK HOLIDAY SHOPPING!



By Marilyn Goodfellow

Members: DO You need SIGS' OLIVE OILS, BODY LOTION, SOAPS or BALSAMIC VINEGARS?!

Let me know what you need and I can bring it to the Summer Mixer on AUG 21 or 1st meeting Sept 18

I have a **good** supply of the flavored oils: Basil, Jalapeno or Oregano Blend;

A **limited** supply of: soaps, body oil,s Picual olive oil, and cranberry, sriracha balsamic vinegars; and a **very limited** supply of pear balsamic vinegar

I hesitate to order more Ternero Farms Soaps or Body Oils unless I you are interested, please let me know,

Costs: Soap \$8, Body Oil \$13.50 all other bottles are \$15. Thanks for your support of this fundraiser!



Happy Birthday in September to:

Kay Bell on the 11th

Kathleen Kelleher on the 13,

Dara Lee on the 23rd

Cynthia Hennesey on the 25th

Paula Maw on the 30th

The great thing about getting older is that you don't lose all the other ages you've been. Madeleine l'Engle



It's in the Bag May 9, 2019

It's not too early to mark your calendar for our 5th Annual fundraiser event. The date for our event will be Thursday May 9, 2018; the Thursday before Mother's Day. We anticipate using the same location, same caterer, and same wonderful cast of characters. Thank you to **Sheryl Sorem** who will be heading up another successful and fun event!



Sierra Nevada Region in Japan

Governor Lane Parks writes that the SIA Convention in Japan was a great experience! Sierra Nevada Region was well represented with 25 women attending. "We got lots of information on Working as One, got to meet our Federation Live Your Dream Award winner and experienced a lot of Japanese culture!"

She will share more at the District meetings this Fall.

SNR Communications

SNR Has a New Website

SNR's Technology Committee is proud to present our new SoroptimistSNR.org website! It is a fast-moving world and technology dictates updates every few years. Newer technology allowed us to design it to be easier to navigate and fast for all of our members to find what they need to best improve their service to women and girls in their communities and around the world.

The website is designed to be clean, fun and helpful. Please send all comments and complaints to webmistress@soroptimistsnr.org and the Technology Committee will do their best to see how to improve your experience with the website.

Most of the SNR Region forms are located in the Member Info – [Forms](#) section. If any of the forms challenge you for a password (like the Roster), the password is **1921** – the year Soroptimist was formed! We hope this will be a memorable password. More will be added as they are uploaded.

SNR Eblast

Sierra Nevada Region keeps us all up to date and connected to what other clubs in our Region are doing by sending "The Latest SNR News for You" on the 1st and 15th. It is emailed to all members and includes a message from Governor Lane, an article or two on an issue of interest (the last two were on pertinent legislative issues in California and Nevada), announcements of Clubs' activities and events, and links to club newsletters. It's amazing all of the things that Soroptimists do, and it's a great place to get ideas.

If you are not getting it, contact blastsnr@soroptimistsnr.org, to be added to the email list.



*Being the Queen is not all about singing,
and being a diva is not all about singing.
It has much to do with your service to people. And your social
contributions to your community and your civic contributions as well.*

Aretha Franklin 1942 - 2018

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Lunch & Meetings

Jackson Catering, 1120 Fulton Avenue, Sacramento
Cost: \$22

We are looking forward to a second year at Jackson Catering for our new venue for our lunches. They have excellent food, easy parking, and keep the cost low. Please respond to **Carole D's** email prior to each meeting asking you to RSVP. If you respond yes or no, you won't get a reminder email, so keep your in-box free of clutter and respond quickly! Thanks.

If you need to cancel, contact Carole as soon as you can. However, no shows and late cancellations may still be responsible for covering the cost of the lunch if we are charged for it.

Guests and potential members are always welcome. The club covers the cost of the first lunch for a potential member. Contact **Paula Maw**, VP Membership, if you would like her to send a letter inviting your guest to membership.



Calendar & Links

2018

- October 2 Lunch Meeting (Business)
- October 16 Lunch Meeting
- October 20 Fall District Meeting
- November 6 Lunch Meeting
- December 4 Lunch Meeting (Business/Fun)
- December 1 or 8 WE Craft Party

2019

- January 8 Evening Meeting (Holiday Party)
- January 15 Lunch Meeting
- February 5 Lunch Meeting
- February 29 Lunch Meeting
- March 5 Lunch Meeting (Grants)
- March 19 Lunch Meeting
- April 2 Lunch Meeting
- April 6 Annual Retreat (Business)
- April TBD SNR Conference
- May 7 Lunch Meeting
- May 9 It's in the Bag Fundraiser
- May 21 Lunch Meeting
- June 4 Evening - Installation
- June 11 Joint Board Meeting



Sierra Nevada Region

www.soroptimistsnr.org

For member specific forms, use the password 1921



Soroptimist International of the Americas

www.soroptimist.org,

ID: your member number, Password: your member number

Soroptimist  International

www.soroptimistinternational.org,

ID = member, Password = Cambridge

Have Fun and
Get It Done